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206 railway was closed in 1925. But the Inishbofin postmistress operates a radio-telephone.

The Landscape

139 Three types of landscape are characteristic: first, craggy hills of no great altitude, with a maximum of 292 feet in Westquarter, 288 feet in Middlequarter, and 271 feet in Knock; second, the farmed rolling countryside ranging from sea level to about 150 feet, and having some natural drainage; and, third, an area of sand dunes and blown [311] sand in the extreme east, once settled and farmed but now used only for rough pasture. The larger of the two lakes, Lough Bofin, is held back by a magnificent shingle ridge in a fine bay, partially protected from strong winds and high seas but open to northerly gales. The coast is rocky almost everywhere and there are some splendid cliffs [504] with outlying stacks: the best harbor is the long inlet on the south side. No recent geological work has been done

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

Coast guard personnel first were assigned to Inis Beag shortly after the lighthouse was built. Three guardsmen and their families lived in private dwellings in Terrace Village until the large station was erected after 1883 in Low Village, following which the contingent was enlarged to four men. The two-story structure contains four apartments, and these housed the families of the personnel until 1922. Now owned by the Irish Land Commission, two apartments are rented by islanders who sublet them to visitors; a third accommodates the nurse; and the other has been converted into a government sponsored knitting "factory" which employs local girls. One of the several outbuildings of the station contains the breeches buoy apparatus of the Coast Life Saving Service. The life saving company is composed of 15 Inis Beag men, hired and supervised by a branch of the Ministry of Industry and Commerce, and was responsible for the rescue of the freighter's crew in 1960—its only rescue operation since being formed almost 60 years ago. A boathouse was erected on the strand by the coast guard company, and now it serves as an all-purpose building: dance hall, trade school, storage house, and meeting place.

Health services are provided the folk by a nurse, a doctor who lives in a neighboring island, and medical and dental personnel from the mainland who visit the island occasionally for specific examination and treatment purposes. A much renowned mainland woman who lived in Inis Beag intermittently between 1903 and 1923 (and wrote a book about her experiences) was the first nurse to serve the islanders; but since 1932, the Lady Dudley Nursing Scheme of Dublin has maintained "Jubilee Nurses" in Inis Beag continuously, each one serving from one to five years. The nurse is responsible to the doctor, from whom she obtains medicines furnished by the county council, and handles most of the medical cases which arise. Bedridden patients and women who are secretive about their ailments are visited by her during two daily rounds, while after dark she is visited by other patients, mostly men, who are also secretive about their infirmities, and she may be called out on emergencies. The doctor comes to Inis Beag once a month and visits the seriously ill accompanied by the nurse, and in the case of emergencies at other times which cannot be taken care of by her, he is brought over in the lifeboat of the Coast Life Saving Service at her summons.

The post office in High Village is an adjunct to the house of its supervisor, just as the shops are to the homes of their proprietors. The office is a small room with a counter, separating the clerk and her desk and switchboard from those who do business there, and a telephone booth. A radio telephone serves the island and can be used between nine o'clock in the morning and six at night. A line runs to the house of "Number One" of the life saving company, which he alone can use in matters pertaining to the service during the prescribed hours. When the freighter ran aground before dawn, it was discovered by islanders who informed the company; Radio Eireann reported the plight of the vessel, on the basis of S.O.S. messages, in the seven o'clock news, but the company had reached the reef before the telephone was available.

Inis Beag has only a small church, known as the "chapel." After the church of the patron saint was abandoned, a house served as the place of worship for a time, then was superseded by the old chapel whose foundations can be discerned

17: Messenger E-4,5 (1958-1966)1971 ER6 Rural Irish ER6
Inis Beag

JOHN C. MESSENGER

which contain a large portion of the natural flora—herbs and shrubs—of the island. Stone fences delimit many hundreds of plots which compose most of the two-square-mile land surface of Inis Beag.

The island boasts a post office with radio-telephone facilities, a "national school" in which three teachers instruct ninety pupils in the seven "standards," two provision shops with attached "pubs," a former coast guard station now housing the nurse and a knitting industry which employs local girls, a lighthouse, and a chapel served by a curate who resides nearby. Inis Beag lacks electricity and running water, and the only vehicles are several ass-drawn carts which are able to travel the narrow, fence-bordered trails. A small "steamer" carrying supplies, passengers, and mail to and from a mainland port visits the island at least once each week. That Inis Beag has experienced far less cultural change than other island communities of Ireland is largely due to the fact that, in absence of a deep water quay, the steamer has had to stand off the strand and be met by "canoes." Most of the tourists who come to the island stay only for the hours that the steamer is anchored and go ashore mainly for the thrill of riding in the canoes, which the island men row with consummate skill. Insofar as I can discover, the inhabitants of Inis Beag are less prone to visit the mainland than are the peoples of other Irish islands.

INIS BEAG
HISTORY AND CULTURE[2]

The prehistory and history of Inis Beag are recorded dramatically in a multitude of monuments and artifacts of stone and metal, including Neolithic axe-heads and kitchen middens, Copper-Bronze Age gallery grave tombs and burial mounds of earth and stone, an Iron Age promontory fort, and medieval Christian monasteries, churches, cemeteries, stone houses, and a sacred well, as well as a three-story tower house built by the political overlords of the island. Irish nativists claim that the contemporary folk are lineal descendants of ancient, once civilized

[2] The culture described herein is that of 1959–1960 and excludes important changes which have occurred since then, such as those resulting from the introduction of television, a summer language school for pupils from the mainland, and free secondary education.